

Pre-Operative Instructions for Cataract Surgery

What needs to be done to prepare for Cataract surgery?

- ❖ Before surgery, special measurements of your eye need to be taken to determine the correct implant required for your eye. This will be arranged at the office and can be done with either laser or ultrasound.

EYE DROPS

- ❖ You will receive a prescription for three (3) different kinds of eye drops.
- ❖ **Vigamox**,- Antibiotic 3x/day beginning 2 days before surgery
- ❖ **Maxidex**- Steroid 3x/day beginning 2 days before surgery
- ❖ **Nevanec** - Anti-inflammatory 3x/day beginning 2 days before surgery

- ❖ Please remember to put drops in the morning of your surgery and to resume the drops when you arrive home from the surgery. On the day of surgery, it is advisable to instill all drops every 2 hours. You CANNOT overdose on these drops. The more the better on the first day.

- ❖ You will then continue the drops 3x/day all 3 bottles, for another week and continue to take the Nevanec for 2 more weeks or until the Nevanac is used up. You can stop the first 2 (Maxidex and Vigamox) after 1 week

- ❖ **You should purchase 3 new bottles for the second eye. DON'T USE OLD BOTTLES!**
There is a **repeat** on your prescription for the new bottles

- ❖ If you received a blue kit, inside the kit are samples of lubricating drops that you can use as often as you wish to lubricate your eye for often the eyes are dry, itchy and sandy feeling in the days or weeks after surgery. You can buy more over the counter if you wish to continue using these drop

OTHER IMPORTANT INSTRUCTIONS

- ❖ Wash your face with soap the night before and the morning of surgery. Women must remove all traces of makeup from face and eyes.
- ❖ No food is to be taken after midnight the night before surgery.
- ❖ On the day of surgery **please drink plenty of fluids and keep yourself from getting dehydrated. Stop drinking any fluids 3 hours before surgery.**
- ❖ **IMPORTANT:**
 - **YES!: TAKE YOUR USUAL BLOOD PRESSURE MEDS IN THE MORNING**

- **NO!: DO NOT TAKE YOUR DIABETIC PILLS OR INSULIN**

HOSPITAL ARRIVAL TIMES AND INSTRUCTIONS

Humber River Regional Hospital- you should go first to Cashier's window and pay for your specialty lens. Then you will go up to the day surgery department on the fifth floor.

Please arrive 2 hours before your surgery. Open as early as 6:30 AM

Branson Hospital- You will go to the main floor and sign in at Patient Administration and pay for your specialty lens. **Please arrive 90 minutes before your surgery. Open at 6:30 AM**

Kensington Eye Institute- You will go the 6th floor and you will sign in with them and pay for your specialty lens. **Please arrive 60 minutes before your surgery. Open at 7:00AM**