Admission Instructions

Your surgery date for your Your surgery date for your		eye is: _eye is:						
Pleas	e note that your su	rgery time will be given to you 1 week prior to your surgery						
Arrival: Ple	ease arrive at the Bran	son Hospital 2 hours prior to your scheduled surgery time						
Arrival Time:a time change is required.		Surgery time may change. You will be contacted in advance if						
will be requ	uired to pay for any	ne Main Entrance of the hospital to the Patient Registration Desk. You premium lens fee if you have decided to upgrade your lens. After the 3rd Floor Day Surgery Department via the Main or Montgomery						
Parking:	The parking lot is located on 555 Finch Avenue West. Parking hour are from 7:00am to 7:00 pm daily Monday to Friday.							
Food:	Do Not have solid for	oods or milk products after Midnight the night before surgery.						
Beverages:	: You may have clear liquids up to three hours before admission to the facility. Clear fluids include water or apple juice only. NO COFFEE.							
Reminders	: Please bring your OI	HIP card to every visit.						
	Please bring a valid to premium lens.	form of payment (visa,m/c,debit,cash) if you are purchasing a						
	wear a hospital gowr	mfortable clothing with a full button up front, as you will not be required to a. You will be discharged from the facility 20-45 minutes after surgery. We do not bring valuables to the facility or wear any eye makeup.						
	If necessary, please	arrange for a family member/friend to act as translator.						
	Please arrange for a	n escort to accompany you home.						
	You will not be able	to drive a car for 24 hours post surgery.						

A \$500.00 fee will apply for patients that cancel surgery with less than two weeks notice.

A \$100 fee will apply for patients who change their surgery date.

If you regularly take blood pressure or heart medication, please take as usual

insulin on the morning of surgery.

on the morning of surgery. If you are diabetic, do not take your oral medication or



Doctor's Signature



Pre-Surgery Medical History & Physical for Cataract Surgery

Please have FAMILY DOCTOR comple	ete.
this form 2 weeks prior to surgery.	
Please fax form to 416-748-8582.	

PS26	66	8/	· · · · · · · · · · · · · · · · · · ·						
Patient Name:		 	D	Oate:					
Doctor's Name	(Please	Print):							
Allergies: □ N/	Ά 🚨 Lat	ex 🗆 Medication							
History of Pres		 	Past Surgeries						
Past Medical H	listory (i	include date of onset)	Medications (prescript	tion & over the counter)					
☐ Cancer			Name	Dose Frequency					
_		mia							
☐ Mitral Valve	Prolapse								
• •									
			•						
• •									
		· · · · · · · · · · · · · · · · · · ·							
☐ Pacemaker _									
☐ Seizures									
☐ Hepatitis —			Specific Abnormalities	Specific Abnormalities					
☐ Alpha-1 Bloc	k used (p	past or present)	Lab						
(eg. Flomax,	Hytrin) -		ECG						
☐ Other ——			Other						
Physical Exam			Veightkg Height	:cm					
		Abnormal							
General Head & Neck		_	•	· · · · · · · · · · · · · · · · · · ·					
Lungs	<u>.</u>	_							
Heart	<u>.</u>	_							
Abdomen	0			*************************************					
ADDOMEN	.	J							

_____ Phone Number/Stamp _





PATIENT QUESTIONNAIRE

DEPARTMENT OF ANAESTHESIA

Failure to fill out this form completely may delay your surgery.

FORM 1677 REV. 9/08										
HAVE YOU EVER HAD:	YES	NO	DON'T KNOW	W	HEN	HAVE YOU EVER HAD:	YES	NO	DON'T	WHEN
Heart Disease/Heart Attack/Chest Pain						Severe Snoring/Sleep Apnea				
High Blood Pressure						Stroke /"ministroke"/TIA				
Shortness of Breath						Chronic Pain				
Recent Cough/Cold						Acid Reflux/Ulcer				
Asthma/Wheezing						Back Problems				
Glaucoma				•		Thyroid Problems				
Epilepsy						Blood Thinners/Aspirin				
Hepatitis/Jaundice/HIV						Joint Replacement				
Bleeding Problems/Clotting Problems						Artificial Body Parts				
Kidney Problems						Difficulty Opening Mouth				
Diabetes						Difficulty Moving Neck				
Blood Transfusion						Rheumatoid Arthritis				
Reaction to Local/General Anaesthetic						Cortisone/Prednisone				
Do you wear Contact Lenses?						Medications you take including	ng Vi	tami	ns/He	rbals:
Do you have Caps, Bridges, Crowns,		İ						Dos	e	Frequency
Dentures, Loose Teeth?	_									
Is there a Family History of Problems with Anaesthetic?										
List previous operations or admissions	to a h	ospi	tal. W	hen?			_			
									\perp	
										-
						Do You have any Allergies t		, Foo	d Med	licine or Latex?:
Have you seen a Specialist in the last 5	year	s? N	ame a	nd pho	ne #:	No Yes If Yes - W	hat?			
☐ Heart Doctor (Cardiologist):										
Lung Doctor (Respirologist):										
☐ Nerve Doctor (Neurologist):										
Possibility of pregnancy: No 🖸 Yes 🖸						To be completed by nurse on day of surgery: Time of Last Fluids: Time of Last Food:				
Cigarettes per Day: Ounces Alcohol per Week:						Time of Last Fluids:		me o	Last	F000:
Recreational/Street Drugs:	33				D	7 - 1- N			т	· · · · · · · · · · · · · · · · · · ·
Did You have or ever had any of the following Tests: When?										
☐ Exercise Stress Test (Treadmill): ☐ Nuclear Medicine Stress Test (Mibi):				Day of Surgery Nurse: Date:						
Angiogram/Angioplasty:				Comin	ichus.					
☐ Ultrasound of Heart (Echo):										
Holter Monitor:					1	, 5				
Lung Function:										



ABOUT YOUR CATARACT SURGERY

After your surgery:

Day of your surgery:

- 1. You may eat solid food until midnight the day before your surgery and only clear fluids 4 hours before the time of you surgery.
- **2.** Take your regular medications with a sip of water unless you are told differently.
- 3. Follow your surgeon's recommendations for your blood thinning medications including Aspirin, Plavix and Coumadin as well as any diabetic (hypoglycaemic) medication.
- **4.** The operation will take 15-20 minutes although sometimes it can take over an hour
- 5. You will be comfortable during the operation. There is an anaesthetist to give you mild sedation or whatever you require. The surgeon cannot do a careful operation unless you are comfortable and pain-free. If you cannot lie comfortably, the staff will make you as comfortable as possible with pillows and blankets.
- **6.** The surgeon will speak with you before your operation. If you have any last minute questions, you can ask him these questions at that time.
- 7. Please bring your OHIP card with you.

- 1. You will be taken to the recovery area for the nurse to check how you are doing. You will be offered a drink of juice. You will be able to go home only with someone to assist you.
- **2.** Do not rub your eye. If there is some discharge, wipe it away with a clean moist wash cloth around your eye but do not wipe inside the eye.
- 3. You will be given an eye shield that you may tape over your eye for the first night. Do not use a patch with a string or elastic as the patch could slip and rub on your eye
- 4. You must be with someone for the ride home and for the first night. Although you should not have any significant problems after your surgery, some patients may complain of pain and/or nausea. If the pain is severe or you have nausea or vomiting call the doctor's office for instructions
- 5. Start your drops about an hour after the surgery to the operated eye. The day of your surgery you should take the drops every 2-3 hours so that you take the drops 3 times a day
- **6.** You will see the doctor either later the same day or the next day according to the appointment you are given
- 7. It is normal for the eye to be blurry the first few days after the surgery. Although you may see quite clearly soon after the surgery, don not worry about blurriness at first. You will see the surgeon within the first day and he will discuss how you are doing at that time.

- **8.** You may eat what you like after surgery: but do not drink alcohol after 24 hours as this may interact with the anaesthesia medications you have had during surgery.
- **9.** Do not drive for 24 hours.

What can I do?

- **1.** You may lift light objects but do not do heavy lifting for the first 2 weeks.
- **2.** You may bend, look down, and even tie your shoelaces.
- 3. You may read and watch TV but you may need some reading glasses that you can buy at the drug store. There is no problem putting on your glasses but your glasses prescription may have changed because of the surgery. The surgeon will update your prescription in a week or two of have you referring ophthalmologist or optometrist prescribe glasses at the time.
- **4.** Do not go swimming for 3 weeks.
- **5.** Do not play with dirt (no gardening or shearing the dog for 2 weeks).
- 6. You may shower starting the day after surgery, but try to shower from neck down. To wash your hair bend your head back or have a hairdresser do you hair to avoid water and soap running into your newly operated eye.
- **7.** You may have sex.

North York General Hospital Branson Division 555 Finch Ave. W. North York, ON M2R 1N5 416-633-9420

