

MILD DRY EYE

- Preservative Free Artificial Tears 4x daily
- Hot Compresses
20s microwave
10min over eyes
2x daily
- Omega3 supplements
2000-3000mg daily

Re-esterified triglyceride (+ bioavailability)
- Lid wipes 1-2x daily
If presence of demodex then with tea tree oil



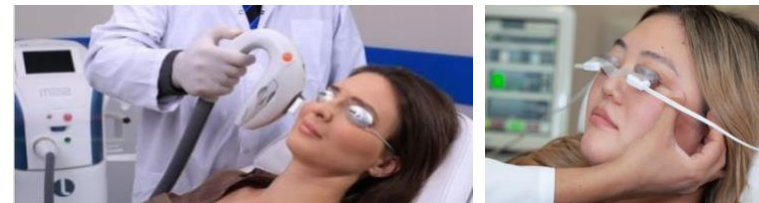
MODERATE DRY EYE

- Gel Preservative Free Artificial Tears 4x daily
- Ocunox ointment for nighttime
- RX - Restasis/Cequa
- RX - Xiidra
- RX - Lotemax/FML
- Autologous serum / PRP drops
- Doxycycline



MODERATE - SEVERE DRY EYE

- ZEST Lid Treatment
- ZOCULAR Home package (Blepharitis)
- Punctal Plugs (Tear retention)
- Lipiflow Thermal Pulsation (every 1-2 years) (MGD)
- Intense Pulsed Light (IPL) Therapy x4 (Rosacea/MGD/Blepharitis)
- Gland Rejuvenation Therapy
IPLx3-4/Lipiflow (Rosacea/MGD/Blepharitis)



Notes: